



# The Parish of Thorpe St Andrew

## Weekly Newsletter and Service Sheet The Third Sunday of Easter 18 April 2021



### Touch me and see!

The Covid-19 pandemic has taught us to keep our distance while still staying ‘in touch’ in other ways. Handshakes and hugs are a distant memory, except for those in our support ‘bubbles’. Throughout the pandemic the cry has gone up – when can we hug again? It has been a fair question since the isolation caused by the various lockdown has left people yearning for very simple but important things like a hug. In answer to the question – in England it looks like the answer is **not before 17 May!** This Sunday’s Gospel account gives us another of Jesus’ appearances to the disciples after he had risen from the dead. Whilst when

he meets Mary Magdalene on Easter morning in the garden he asks her not to touch him – here (in order to prove he is not a ghost) he invites his followers to reach in and touch him. Just as human touch is important for us so Jesus recognises that we are touched by his risen presence in our lives. Each Sunday and in our interactions with one another as we care for one another we are able to ‘touch’ Jesus and be touched by him. We are for one another the body of Christ and even though we have been socially distanced the impact which we have had on one another is tangible. As a community together we give thanks for the risen presence of Christ, touching us, inspiring us and transforming us. Alleluia! Christ is risen! With every blessing,

*Fr James*

# A Service of Eucharist for The Third Sunday of Easter

## Organ Voluntary

## Hymn

*The hymn is sung by the choir. The congregation may sit.*

O for a thousand tongues to sing  
My dear Redeemer's praise,  
The glories of my God and King,  
The triumphs of his grace!

Jesus--the name that charms our fears,  
That bids our sorrows cease;  
'Tis music in the sinner's ears,  
'Tis life, and health, and peace.

He breaks the power of cancelled sin,  
He sets the prisoner free;  
His blood can make the foulest clean;  
His blood availed for me.

He speaks; and, listening to his voice,  
New life the dead receive,  
The mournful broken hearts rejoice,  
The humble poor believe.

Hear him, ye deaf; his praise, ye dumb,  
Your loosened tongues employ;  
Ye blind, behold your Saviour come;  
And leap, ye lame, for joy!

My gracious Master and my God,  
Assist me to proclaim  
And spread through all the earth abroad  
The honours of thy name.

## The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**  
Alleluia. Christ is risen. **He is risen indeed. Alleluia.**

## **Welcome**

*Words of welcome to those in church and those online are given.*

## **Prayer of Preparation**

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

## **The Act of Penitence**

*The minister blesses the water in a bowl on the altar*

God our Father, your gift of water brings life and freshness to the earth; in baptism it is sign of the washing away of our sins and the gift of life eternal. Sanctify this water, we pray. Renew the living spring of your life within us, that we may be free from sin and filled with your saving health; through Christ our Lord. **Amen.**

*The people are sprinkled with baptismal water*

May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in Christ our Lord. **Amen.**

## **Gloria in Excelsis**

*Choir* Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## **Collect**

Almighty Father, who in your great mercy gladdened the disciples with the sight of the risen Lord: give us such knowledge of his presence with us, that we may be strengthened and sustained by his risen life and serve you continually in righteousness and truth; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

## **Reading Acts 3:12-19**

Peter addressed the people, “You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you. And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out.” This is the word of the Lord. **Thanks be to God.**

## **Gospel Reading Luke 24:36b-48**

Alleluia, alleluia, alleluia. **Alleluia, alleluia, alleluia.** Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.’ **Alleluia, alleluia, alleluia.** Hear the Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, O Lord.**

Jesus himself stood among the disciples and said to them, “Peace be with you.” They were startled and terrified, and thought that they were seeing a ghost. He said to them, “Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have.” And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, “Have you anything here to eat?” They gave him a piece of broiled fish, and he took it and ate in their presence. Then he said to them, “These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.” Then he opened their minds to understand the scriptures, and he said to them, “Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.”

This is the Gospel of the Lord. **Praise to you, O Christ.**

## Sermon

### The Creed

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

### Prayers of Intercession

*The response to the bidding, Lord in your mercy* **Hear our prayer.**

*At the end* **Merciful Father, accept these prayers for the sake of your Son our Saviour Jesus Christ. Amen.**

### The Peace

The risen Christ came and stood among his disciples and said, 'Peace be with you.' Then were they glad when they saw the Lord.

The peace of the risen Lord be always with you **and also with you.**

Let us offer one another a sign of peace.

*All may exchange a Covid-19 secure sign of peace.*

## The Preparation of the Altar

*At the Parish Church this hymn is sung by the choir*

God moves in a mysterious way  
His wonders to perform;  
He plants his footsteps in the sea,  
And rides upon the storm.

Deep in unfathomable mines  
Of never-failing skill  
He treasures up his bright designs,  
And works his sovereign will.

Ye fearful saints, fresh courage take,  
The clouds ye so much dread  
Are big with mercy, and shall break  
In blessings on your head.

Judge not the Lord by feeble sense,  
But trust him for his grace;  
Behind a frowning providence  
He hides a smiling face.

His purposes will ripen fast,  
Unfolding every hour;  
The bud may have a bitter taste,  
But sweet will be the flower.

Blind unbelief is sure to err,  
And scan his work in vain;  
God is his own interpreter,  
And he will make it plain.

*The table is prepared and bread and wine are placed upon it. This prayer is then said* Risen Lord Jesus Christ, we believe you, and all we have heard is true. When you break bread may we recognize you as the fire that burns within us, that we may bring light to your world. **Amen.**

## The Eucharistic Prayer

*These opening responses are sung. Please sit or kneel.*

The Lord be with you. **and also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give thanks and praise.**

It is indeed right, our duty and our joy, always and everywhere to give you thanks, almighty and eternal Father, and in these days of Easter to celebrate with joyful hearts the memory of your wonderful works. For by the mystery of his passion Jesus Christ, your risen Son, has conquered the powers of death and hell and restored in men and women the image of your glory. He has placed them once more in paradise and opened to them the gate of life eternal. And so, in the joy of this Passover, earth and heaven resound with gladness, while angels and archangels and the powers of all creation sing for ever the hymn of your glory.

*Choir* Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son. On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me. When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

**Christ has died: Christ is risen: Christ will come again.**

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth. Look with favour on your people, gather us in your loving arms and bring us with the Blessed Virgin Mary, St Andrew and all the saints to feast at your table in heaven. Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever. **Amen.**

### **The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.**

### **Breaking of the Bread**

*The minister breaks the consecrated bread.*

Jesus says, I am the bread of life, whoever eats of this bread will live for ever.  
**Lord, our hearts hunger for you; give us this bread always.**

**Agnus Dei** *The Agnus Dei is sung by the choir as the bread is broken.*

Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, have mercy on us.  
Lamb of God, you take away the sin of the world, grant us peace.

## **Giving of Communion**

Alleluia. Christ our Passover is sacrificed for us.

**Therefore let us keep the feast. Alleluia.**

*The communion is distributed. Baptised communicant members of any church are welcome to come and receive the bread alone. If you would like to receive a blessing please bring this service booklet with you, or keep your arms folded. A hymn is sung by the choir at the Parish Church*

Be thou my vision, O Lord of my heart,  
Be all else but naught to me, save that thou art,  
Be thou my best thought in the day and the night,  
Both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word  
Be thou ever with me, and I with thee, Lord,  
Be thou my great Father, and I thy true son,  
Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight,  
Be thou my whole armour, be thou my true might,  
Be thou my soul's shelter, be thou my strong tower,  
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise,  
Be thou my inheritance now and always,  
Be thou and thou only the first in my heart,  
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,  
O grant me its joys after vict'ry is won,  
Great Heart of my own heart, whatever befall,  
Still be thou my vision, O Ruler of all.

## **Prayer after Communion**

Living God, your Son made himself known to his disciples in the breaking of bread: open the eyes of our faith, that we may see him in all his redeeming work; who is alive and reigns, now and for ever. **Amen.**

**Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**



**Notices** *The banns are read and announcements are made.*

### **The Blessing**

God, who through the resurrection of our Lord Jesus Christ has given us the victory, give you joy and peace in your faith; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

### **The Dismissal**

Go in the peace of Christ. Alleluia. **Thanks be to God. Alleluia.**

### **Organ Voluntary**

## **SERVICES IN THE COMING WEEKS – EASTER SEASON 2021**

*These are subject to Government restrictions operating at the time.*

### **Sun 18 Apr EASTER 3**

8.00am Eucharist – Good Shepherd

9.30am Eucharist - Parish Church (in person and streamed LIVE)

11.15am Eucharist – Good Shepherd

### **Sun 25 April EASTER 4**

9.30am Parish Eucharist – Parish Church

11.00am Café Church – St Andrew's Centre

### **Sun 2 May EASTER 5**

8.00am Eucharist – Good Shepherd

9.30am Parish Eucharist (in person and streamed LIVE)

11.15am Eucharist – Good Shepherd

## *Forthcoming Social Events*

**27 June** Summer Concert and Strawberry Tea – Parish Church

**17 July** Summer Fete – Parish Church

**4, 11, 18, 25 August** – Lunchtime Organ Recitals

**18 September** Quiz Night – St Andrew's Centre

**16 October** Film Night – St Andrew's Centre

**30 October** Autumn Fair – St Andrew's Centre

**20 November** Music Hall Evening

Further details as and when we hear more information!

# Prayer Intentions

## THE CHURCH

**Our Ministry Team** James Stewart, Taylor Wilton-Morgan, Nicole King  
**Norwich East Deanery** St Andrew, Norwich. **Clergy:** Martin Young, Michael Hayden  
**Outreach worker:** Jonathan Piesse **Our Bishops** Graham and Alan  
**Archdeacons** Karen Hutchinson, Steven Betts, Ian Bentley. We are asked to pray for the Bishop's Lent Appeal and the Bishop's Open Gardens today.  
**Anglican Communion** The Church of Ireland.

## THE WORLD

**All those affected by the Covid-19 pandemic** particularly all public transport workers – drivers of trains and buses, office staff and those working on the infrastructure of rail and road. **Vaccination** Giving thanks for those who have already received vaccines and the rolling out of the programme.

## THE COMMUNITY

**Streets of the Parish** Meadow Lane, Minion Close, Montrose Court  
**Our community** All within our community following the events at Primrose Crescent on Wednesday evening, particular our civic leaders on Town, District and County Councils and our local police – Beat Manager, PC Andy Mason.

**THOSE IN NEED OF OUR PRAYER** including Paul Carter, Mark Little, Graham and Monique Rowland, Jennifer Jones, Janet Fancy, Colin Hicks, Alan Harrison, Grace Howes, Peter and Gaynor Garrood, Rita Ward, Joy and Andy McCall and Wendy, Jean High, Brother Gabriel, Craig Fransham, Anthony Travis, Mark King, Chloe Smith MP, Alan Fleming

## THE DEPARTED

**The recently departed** HRH The Prince Philip, Duke of Edinburgh, Ian Gibson (former MP), Grace Burr (27 April) **Those whose anniversary of death occurs at this time.** (18 April) Charlotte (Charlie) Woodward, (22 April) Pat Battle, (24 April) Winnie George

# Other notices and announcements

## RETURNING TO OUR CHURCHES – A BRIEF GUIDE

We are delighted to welcome you back. Please follow these guidelines:

- Please use hand sanitisers on entering and leaving the church.
- Please wear a face covering at all times in church, other than to receive the host. Please do make sure it covers your nose and mouth.
- Alternate pews are being used and within the pews please ensure we remember to sit 2 metres away from others (1 metre plus with face mask), unless from the same household or 'support bubble', in which case you may sit together.
- We will not shake hands in the peace. Ensuring social distance we can place our hands together in prayer form (*Namaste* form) – to offer peace.
- Please can you place your much needed offerings and collection on the brass plate, as you come in. Collection bowls will not be passed around during the service. Those who count the collection will use gloves.
- At the Parish Church, when you come up for communion we will not be using the rails. Please form a queue, ensuring 2 metres distance in order to receive the bread (host). Please fully extend your arms fully to ensure social distance. The celebrant alone will receive the wine on behalf of us all. Please return to your seats using the one-way system. The side aisle will be invited up first. The celebrant will use hand sanitiser before distribution and communicants will receive the host in their hand. For those requiring a blessing, hands will not be laid directly on the head.
- We will keep a list of those attending in order to comply with Government guidance which includes a request for names of attendees to be recorded and kept for 21 days to assist 'track and trace' if required.

## 100 CLUB – APRIL DRAW

The winners of the April and Easter draws will be drawn before the Parish Service and announced in the notices.

## ANNUAL MEETING OF PARISHIONERS AND ANNUAL PAROCHIAL CHURCH MEETING - 16 May 2021 at 11.00am.

Advanced notice is also given of these meetings. More details in due course.

## THORPE 'CEMETERY' COMMUNITY PROJECT

We hope that you might help in keeping this project going into its second year. Saturdays, 8.45 -12pm: April 24; May 8 and 22; June 5 and 19. Further information from Dale Wiseman, Thorpe History Group.

**CAFÉ CHURCH** A big reminder that our monthly café church returns in person to the St Andrew's at 11.00am next **Sunday (25 April)**.

**'BAKING THROUGH THE LOCKDOWN' RECIPE BOOK** We have done so well with the sales of this (with surplus/profit exceeding an amazing £2000) but there are still some copies available. Order your copies whilst stocks last. Copies can be purchased from church, Mazzoni's Newsagents, Gordon Barber Funeral Directors. Please email Christine Cutting (cutting248@btinternet.com) or telephone the Rectory or leave a message on the answerphone **01603 439160**. We will deliver free in Thorpe St Andrew/Thorpe End. Beyond that postage/packing starts at £2.00.

### **ZOOM COFFEE**

Our online coffee morning is taking a break for two weeks but will return on **Thursday 22<sup>nd</sup> April at 11am**. Please do support these if you can. It is a great way of staying in touch. Zoom details will come out with the weekly email. Bring your own coffee and cakes, biscuits etc...!

**GIFT AID** The treasury team would like to say "thank you" to all of you who have returned the completed gift aid forms so far. If you haven't done so yet, please can you get this back as soon as you can. Huge thanks to Margaret Hope, Robert Chalmers and Sally Entwistle and all who assist.

**THANK YOU TO YOU ALL** Thank to you all for the way in which you have responded to giving during this pandemic. Please continue to give as generously as you can. We are happy to receive your donations in whatever way is convenient to you. Any additional Easter season offerings are very gratefully received. Whilst we have done all we can to cut costs our income is down considerably – with no hall bookings and some weddings being put off to 2022. Please do help in whatever way you can. If you have a question in relation to giving in any way whatsoever please contact our Treasurer on her email: [treasurersa@gmail.com](mailto:treasurersa@gmail.com) If you don't 'do email' please do have a word with the Rector – 01603 439160.

**TWO THANK YOUS** Thank you to all who contributed to a most glorious Easter celebration. Over 140 Easter cards were sent out, over 30 Easter Egg Hunt in bags distributed and we ministered to around 110 people across our services (following Covid restrictions). Christ is risen! Alleluia! Thank you also for all who made an effort as we as a community commemorated HRH The Duke of Edinburgh. The community organisations locally were extremely well represented. Thank you!