



The Parish of Thorpe St Andrew

WEEKLY NEWSLETTER AND SERVICE SHEET

Message from the Rector: Trinity 10 - 16 August

Learning something new...

One of the features of the pandemic has been the number of people walking past the Rectory on their daily walks. Even in the scorching heat of this week people have been walking about, enjoying the beautiful sunshine, on their way down to or on their way back from the River Green. Quite a number of people are accompanied by dogs – of all shapes and sizes: it seems that Thorpe St Andrew could enter its own version of Crufts, quite easily! It is very clear that many people are very fond of their dogs and they get to exercise into the bargain! In Jesus' time dogs were not held in such high regard and so when he meets the Gentile woman in this week's Gospel he is using dogs to be rather rude to the lady. She asks for him to bring healing to her daughter and his riposte is, 'It isn't right to take the children's food and throw it to the dogs!' Lots of people have tried to make this remark comfortable, saying things like the fact that he was testing her faith, or that he was stretching her courage in way that was good for her. Yet Jesus was born as a human being and the gospel writer here helps us to see that humanity. Just like us Jesus learns and develops, he has to respond to what goes on around him, and it appears that he doesn't know everything. Jesus really is human - but look at the nature of his humanity. Most of us, most of the time, let our personal prejudices, our personal likes and dislikes, rule our responses. It's hard to step aside from those things and see some new possibility outside our view of the world. Jesus does something different. He actually lets this different person engage him, and so the 'dividing wall of hostility' is broken down in Christ. It is perhaps hard to think of God's grace as leftovers, but that's the truth of the gospel this week. There are enough leftovers for **all**. God bless you all!



Fr James

THE PARISH EUCHARIST: TRINITY 10

Organ Voluntary

Welcome *Words of welcome to the congregation and those watching online.*

The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you **and also with you.**

Prayers of Penitence

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

Gloria *The Gloria in excelsis is said*

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Readings (one of these is read) Isaiah 56:1,6-8

Thus says the Lord: Maintain justice, and do what is right, for soon my salvation will come, and my deliverance be revealed. And the foreigners who join themselves to the Lord, to minister to him, to love the name of the Lord, and to be his servants, all who keep the sabbath, and do not profane it, and hold fast my covenant - these I will bring to my holy mountain, and make them joyful in my house of prayer; their burnt offerings and their sacrifices will be accepted on my altar; for my house shall be called a house of prayer for all peoples. Thus says the Lord God, who gathers the outcasts of Israel, I will gather others to them besides those already gathered.

Romans 11:1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew. For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Gospel Reading Matthew 15:21-28

Alleluia, alleluia, alleluia. Speak, Lord, for your servant is listening. You have the words of eternal life. **Alleluia, alleluia, alleluia.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged

him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

This is the gospel of the Lord. **Praise to you, O Christ.**

Sermon

The Creed Let us declare our faith in God.

We believe in God the Father, from whom every family in heaven and on earth is named. We believe in God the Son, who lives in our hearts through faith, and fills us with his love. We believe in God the Holy Spirit, who strengthens us with power from on high. We believe in one God; Father, Son and Holy Spirit. Amen.

Prayers of Intercession

The response to the bidding

Lord in your mercy **hear our prayer.**

And at the end Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

The Peace

God will speak peace to his people, to those who turn to him in their hearts.

The peace of the Lord be always with you. **And also with you.**

Let us offer one another a sign of peace.

The Preparation of the Table

The table is prepared, and bread and wine are placed upon it. Music is played.

Blessed are you, Lord God of all creation: through your goodness we have this bread to set before you, which earth has given and human hands have made. It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of all creation: through your goodness we have this wine to set before you, fruit of the vine and work of human hands. It will become for us the cup of salvation.

Blessed be God for ever.

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, holy Father, almighty and eternal God. From sunrise to sunset this day is holy, for Christ has risen from the tomb and scattered the darkness of death with light that will not fade. This day the risen Lord walks with your gathered people, unfolds for us your word, and makes himself known in the breaking of the bread. And though the night will overtake this day you summon us to live in endless light, the never-ceasing sabbath of the Lord. And so with choirs of angels, with all the heavenly host, we proclaim your glory and join their unending song of praise:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son. On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me. When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died: Christ is risen: Christ will come again.

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth. Look with favour on your people, gather us in your loving arms and bring us with the Blessed Virgin Mary, St Andrew and all the saints to feast at your table in heaven. Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honour and glory are yours, O loving Father, for ever and ever. **Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

The Breaking of the Bread *The minister breaks the consecrated bread.*

We break this bread to share in the body of Christ. **Though we are many, we are one body, because we all share in one bread.**

Agnus Dei *The Agnus Dei is sung as the bread is broken.*

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

The Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world, blessed are those who are called to his supper. **Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

The bread is distributed. Please follow directions given. Music is played.

The Prayer after Communion

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. **Amen.**

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

Notices *The notices and announcements are given and banns are read*

The Blessing *The Rector gives the final blessing.*

Go in peace to love and serve the Lord. In the name of Christ. Amen.

Organ Voluntary

Order of service written and compiled JWS – August 2020



PLEASE STAY, IF YOU ARE ABLE, FOR THE ANNUAL MEETING OF PARISHIONERS AND ANNUAL PAROCHIAL CHURCH MEETING, AFTER THIS SERVICE.

PRAYER INTENTIONS

- **THE CHURCH Our Ministry Team** James Stewart, Patrick Kerley, Nicole King, Taylor Wilton-Morgan **Our Bishops** Graham, Alan and Jonathan **Anglican Communion** Scottish Episcopal Church; Mark Strange – Primus
- **THE WORLD All those affected by the Covid-19 pandemic**
All key workers in NHS and all other fields of frontline work, particularly all those working in our local hospitals (NNUH), including doctors, nurses, porters, cleaners, cooks, administrative staff, chaplains Those affected by the train derailment at Carmont, Aberdeenshire on Wednesday.
- **THE COMMUNITY All those who live and work in** Acacia Road, Aerodrome Crescent, Aerodrome Road
- **THOSE IN NEED OF OUR PRAYER** including Brian Riseborough, Paul Carter, Mark Little, Monique Rowland, Jennifer Jones, Janet Fancy, Colin Hicks, Glenys Paflin, Audrey Camp, Alan Harrison, Jill Hall, Grace Howes, Peter and Gaynor Garrood, Anne Farthing, Rita Ward, Alison Gibson, Joy and Andy McCall, Dave Whitton, Jean High, Orrin Tyrrell, Jean Mayhew
- **THE DEPARTED The recently departed** Bernard Wilby, Yvonne Sangster, Jan Thrower, Margaret Pettman **Those whose anniversary of death occurs at this time** Gerald (Gerry) Larn (17th), Frederick Willimont (21st)

FUNERAL SERVICES IN AUGUST

Due to the guidelines from HM Government and the Church of England in connection with the Covid-19 pandemic, funeral services are by invitation only

- 20 Aug** Graveside Funeral of **Yvonne Sangster** at the Thorpe St Andrew Churchyard extension, Yarmouth Road
- 24 Aug** Funeral of **Jan Thrower** at the Parish Church with private cremation thereafter at St Faith's Crematorium (*Time will be provided to invitees*)
- 25 Aug** Funeral of **Margaret Pettman** at St Faith's Crematorium

SERVICES IN THE NEXT FEW WEEKS

Subject to restrictions operating at the time, the following will happen:

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| 16 August 9.30am at the Parish Church | Simple Communion |
| 23 August 9.30am at the Parish Church | Simple Communion |
| 30 August 9.30am at the Parish Church | Family Communion |

OTHER NOTICES AND USEFUL INFORMATION

FACE COVERINGS The Government guidance has changed again and now indicates that it is mandatory for those attending inside places of worship to wear face masks from 8 August. Those leading a service, preaching, praying or reading may remove their face mask for that part of the service when speaking. Face masks will be worn by the clergy when distributing communion. You will, of course, need to remove your face covering, to receive the host at communion.

GUIDELINES FOR US TO FOLLOW WHILE AT CHURCH

- The service will follow the same pattern as our online services, without the hymns. Organ music will be played before, during and after the service.
- Please ensure that you use hand sanitisers on entering and leaving the church.
- Please take this weekly notice and service sheet away with you.
- The toys in the Children's Corner have been removed under current guidance. Children are of course very welcome.
- Alternate pews are being used and within the pews please ensure we remember to sit 2 metres away from others, unless from the same household or 'support bubble', in which case you may sit together. We are asking that the main aisle is used first and we will only open up the side aisle if capacity requires it. This is to lessen the amount of cleaning required after a service.
- We will not shake hands in the peace. Ensuring social distance we may place our hands together in prayerful form (or in Namaste form) – as a sign of peace.
- There will be no procession of the elements in the offertory.
- Please can you place your much needed offerings and collection on the brass plate, as you come in. Collection bowls will not be passed around during the service. Those who count the collection will use gloves, where appropriate.
- When you come up for communion we will not be using the rails. Please form a queue, ensuring 2 metres distance in order to receive the bread (host). Please fully extend your arms fully to ensure social distance. The celebrant alone will receive the wine on behalf of us all. Please return to your seats using the one-way system. The side aisle will be invited up first. The celebrant and deacon will use hand sanitiser before the wafers are distributed and the communicants will receive the wafer in their hand. For those requiring a blessing, hands will not be laid on the head but extended towards the head.
- We will keep a list of those attending in order to comply with Government guidance which includes a request for names of attendees to be recorded and kept for 21 days in order to assist 'track and trace' if required.
- The church surfaces will be cleaned after each service.

CHURCH OPEN FOR PRIVATE PRAYER The church is open as follows: **Monday** CLOSED **Tuesday to Saturday** 10.00am until 4.00pm **Sunday** 11.00am until 5.00pm **MORNING PRAYER** This will be said at **8.30am Tuesday to Friday** at the Parish Church.

PARKING AT THE BUCK I am delighted to advise that after consultation with the owners of the Buck they have agreed to turn off the parking meter/camera **EACH SUNDAY from 8.00am to 11.30am**. This has been achieved through patience and prayer. If you would like to display a notice saying you are parking for church – these are available in the vestry.

JAN THROWER RIP It is with great sadness that we announce the sudden and unexpected death of dear Jan. Jan was much involved within the life of the Parish with bell ringing and other activities and more recently continued to wash the linen, and was a regular member of our Soup Lunch community (except on Match Days at Carrow Road). She worshipped at both the Parish Church and the Church of the Good Shepherd. During the lockdown we had conversations about the fact that the Rector was washing his own linen! Although slightly diffident she was a wonderful Norfolk character and leaves a place in our hearts and our community difficult to fill. Please do be in touch with me in relation to this, if you need any additional help at this time. Details of her funeral appear above. We are restricted on numbers due to the Government restrictions.

PARISH LIFE – AUGUST EDITION This is now out. Thank you to all our distributors. Contributions are sought for the September Parish Life by 18th August. Copies can be obtained upon request at today's service.

OPEN AIR SERVICE Thank you to you all for coming to our wonderful Summer celebration last week. I have received many positive messages. I hope you were able to see the EDP coverage, including the interview on the online version. This is still available on our Facebook page. Thanks go to Ian Mackie for his help with the press arrangements.

CAFÉ CHURCH AND FAMILY SERVICES There is no East Coast Truckers' Convoy this year but will keep our 9.30am service as a Family Communion on 30 August – and will provide Zoom opportunities when appropriate. We will review Café Church for September. The service on 30 August will, weather permitting, be outside. If the weather is inclement we will be inside.

NEXT PARISH CHURCH GARDENING MORNING Thank you to all who helped with gardening on Saturday 1 August. The next regular gardening morning is planned for Saturday 5 September (9.30am to 11.30am).

100 CLUB The last two draws suspended from the 2019-2020 season were drawn last week after the Open Air Service.

April draw: 1st Prize – Patience Skelton; 2nd Prize – The Revd James Stewart
May draw: 1st Prize – Pip Jenkinson; 2nd Prize – Janet Johnson

The new 2020-2021 season will run from October to September. Forms are available. You can obtain one by contacting Linda Olney on 01603 434986 or Ann Cox on 01603 436619 or by emailing rector@thorpeparishchurch.org

THORPE CEMETERY COMMUNITY PROJECT We are working with community partners to improve the historic part of the cemetery. We really need some volunteers. This is from 8.45am – 12 noon. Any time is acceptable. They next meet on **Saturday 22 August** and Saturday 12 September. Further details from the Rector.

AUTUMN CRAFT FAIR, 31 OCTOBER 2020 (11am-3pm) Subject to restrictions operating at the time this is the replacement for all the stallholders who had booked for our Spring Craft Fair. More details later.

FOODBANK The Foodbank Collection Box will be on the table where the tea and coffee is normally served. A list of items needed most is available on request.

‘ON LOVING GOD’: PARISH STUDY GROUP ON FACEBOOK LIVE

The next of our parish study group talks will take place on Thursday 20 August and 27 August at 7.30pm, through the parish Facebook page (in the same way that services are broadcast). It will be recorded and shared there for anyone to view at a later date, too. Taking the twelfth-century Cistercian abbot, St Bernard of Clairvaux, as our guide, Fr Taylor, will lead us through some key questions for our times. All are very welcome to tune in. For more information please e-mail fr.taylor@outlook.com or telephone 01603 387401.

FLOWERS Sue and Isobel love doing the Church flower arrangements but are finding lifting, carrying and clearing-up is getting physically challenging! There are some in the community who have expressed an interest in flower arranging. Many parishes have a rota. Please contact the Rector to discuss. If volunteers to arrange flowers do not come forward, then Sue and Isobel write this:

‘We really need some volunteers to come and assist us by doing these accompanying jobs. We know that if we don't get any help then we will not be able to carry on doing the flowers to decorate the Church, which will be a great pity. We really, really don't want to give up, we love making flower displays, but our bodies are shouting at us after working here for a couple of hours.

SOME WORDS FROM OUR TREASURER Thank you so much to everyone who has been in touch with me regarding making their Free Will Offering by Standing Order, it is very much appreciated. If you've been thinking about making your donations this way, it's very easy to set up via online or telephone banking - please email me on treasurertsa@gmail.com and I will be happy to provide the details you need to give to your bank. If you are not registered for Gift Aid, and you are a UK taxpayer, do please consider this as it means we can re-claim additional funds from the Government at no extra cost to you. Thank you once again to all those who have already made the switch, and I look forward to hearing from you.

OFFERINGS AT THIS TIME A huge thank you to those who have already returned pink envelopes on our first Sunday back or made donations in lieu of these. We are hugely thankful already. If you have not already made a donation in relation to the lockdown period or are able to give more then please do as much as you can. There are numerous ways you can give. Here are few:

1. We now have a contactless (and push button) card reader.
2. You can post a cheque to the Rectory, to be passed on to the Treasury Team.
3. We can arrange to call and collect anything you are able to give.
4. You can contact Sally and obtain details to go over to standing orders or indeed make individual online payments. For security reasons our bank details here can be obtained from Sally on treasurertsa@gmail.com
5. Any additional amounts are very gratefully received. Whilst we have done all we can to cut costs our income is down considerably but the shortfall may be as much as £20,000, if not more.

NORWICH EAST DEANERY – PRAYER WALK – 22 AUGUST 2020

Departing the parishes and churches of our Deanery throughout the morning and arriving at the Cathedral Cloister for a prayer & blessing at 12.00noon. I will be leaving the Parish Church at 10.45am, if anyone would like to join me. Bring your own picnic lunch to eat in the Cloisters (by kind permission of the Dean & Chapter). For those unable to walk some parking will be available at the Cathedral in the middle part of the day.

FOR FURTHER INFORMATION

Please contact our Rector,

The Revd James Stewart (Fr James)

Tel: 01603 439160 or email him at rector@thorpeparishchurch.org